

# **Pantry Essentials**

It's important to keep your truck stocked with food essentials in case you find yourself stopped for the night without dining options available. Here's a couple of our staple suggestions.

#### CANNED GOODS

- ☐ Canned Beans: Black Beans, Chili Beans, Pinto Beans, Navy Beans
- ☐ Canned Vegetables: Green Beans, Corn, Peas, Carrots
- Soup
- ☐ Tuna
- Tomatoes
- ☐ Tomato Paste
- ☐ Chicken Broth

# **DRY GOODS**

- Bread or Tortillas
- Pasta or Rice
- Chips, Pretzels or Popcorn
- Sunflower Seeds
- ☐ Almonds, Peanuts, Cashews or Pistachios
- Cereal or Oatmeal
- ☐ Peanut Butter
- Instant Coffee & Tea
- Sugar
- Pancake Mix

#### **SEASONS & SPICES**

- ☐ Salt & Pepper
- Olive or Vegetable Oil
- □ Garlic Powder
- Onion Powder
- □ Chile Powder

# **CONDIMENTS**

- ☐ Hot Sauce
- □ Sriracha Sauce
- Ketchup, Mustard & Mayo
- ☐ Pickles

# REFRIGERATOR

- ☐ Milk
- Yogurt
- □ Cheese
- Eggs
- Butter

# **FRESH PRODUCE**

- ☐ Fruit
- ☐ Garlic & Onion
- Potatoes
- ☐ Fresh Meat











